

# STANDARD BARBELL DIMENSIONS

Please Note: Inner and Outer Collars are included with Standard barbells  
Bar Diameter 28.5mm approximately



CODE	DESCRIPTION	LENGTH		DIAMETER (mm)	WEIGHT (kg)	DIMENSIONS (mm)
		(cm)	(imp)			
BS210	Straight Barbell	210	7'	28	14	
BS190	Straight Barbell	190	6'3"	28	13	
BS165	Straight Barbell	165	5'6"	28	12	
BS140	Straight Barbell	140	4'7"	28	10.5	
BSE	EZ Curl Bar	153	5'3"	28	11	
BSS	Cambered Squat	196	6'6"	28	13	
BSU	Flat 'U' 217cm	194	7'2"	28	13.5	
BSP	Super Strength Barbell	214	7'	28	13	
BSD	Diamond/Trap Barbell	177	6'	28	21	

# OLYMPIC BARBELL DIMENSIONS

Please Note: Collars are not included with Olympic Barbells  
Cast or Spring collars can be purchased separately to suit these bars  
Bar Diameter 28.5mm. Collar Diameter 50mm approximately



CODE	DESCRIPTION	LENGTH		DIAMETER (mm)	WEIGHT (kg)	DIMENSIONS (mm)
		(cm)	(imp)			
BO220P	Olympic Power Bar (450 Collar)	220	7'2"	50	20	
BO220	Straight Barbell (450 Collar)	220	7'2"	50	20	
BO192	Straight Barbell (300 Collar)	192	6'4"	50	15.5	
BO170	Straight Barbell (300 Collar)	170	5'8"	50	14.5	
BOE	EZ Curl Barbell (300 Collar)	150	5'3"	50	13	
BOES	Short EZ Curl Barbell (150 Collar)	123	3'8"	50	12	
BOU	Flat 'U' Barbell (300 Collar)	194	6'2"	50	18	
BOD	Diamond/Trap Barbell (300 Collar)	177	6'2"	50	24	
DOA	Olympic Dumbbell (150 Collar)	49	19"	50	6	

Please Note: All drawings are representative only and not to scale. Some dimensions are approximates only.