



Fitness Ball Storage Tree

Assembly Instructions

Thankyou for purchasing an Australian Barbell Fitness Ball Tree. This design of this product allows for simple assembly and adjustment. Please take the time to read these instructions carefully before assembling.

Step 1. Unpack all components and lay items out on the floor.

Step 2. Attach each of the 4 legs by sliding the metal plate into the grooves on the 8 way profile (diag a.). You may need to loosen off the wing-nuts slightly in order to do this. Use one leg in every second groove so that the tree is evenly balanced, see diagram below. Loosely tighten the wing nuts. The adjustable feet on each leg should point to the ground.

Step 3. Once all four legs have been attached (diag b), stand the tree up and adjust so that center pole is vertical and all legs are sitting firmly on the floor. You can adjust by sliding the legs up or down the 8-way profile and also by using the adjustment on the feet that are fitted to the legs. Once legs are positioned correctly, firmly tighten the wing nuts by hand. There is no need to over-tighten.

Step 4. Once all legs have been fitted, you can now attach the fitness ball rings (purchased separately.) The Fitness Ball Tree has been designed to accommodate up to four "layers", with each layer storing four fitness balls, allowing up to 16 Fitness Balls to be stored*. In order to do this, each layer needs to be "offset" from the layer above/below. This is done by simply attaching the rings of each layer to the next groove around on the 8 way profile from the rings on the layer below.

Start by fitting the bottom layer. It s easiest to do this by sliding the rings from the bottom of the 8-way profile (diag c) (if you slide from the top the backing plates from the ring will hit the backing plate on the legs). Slide the rings up around 5cm from the ground level and firmly tighten the wing nuts. Follow the diagram below to locate the correct groove for the bottom layer.

Step 5. Once you have attached the rings for the bottom layer, it is easiest to set the height for the next layer by firstly sitting the fitness balls intended to be stored on the bottom layer on the rings already attached . Once this is done, slide the rings for the next layer down from the top of the 8-way profile, allowing a small amount of clearance above the fitness balls on the layer so they can be easily taken in and out. Remember that the rings should be each moved around 1 groove from the rings on the layer below. Once you have determined the height required, firmly tighten the wing nuts.

Step 6. Repeat Step 5 for the third and fourth layer (if required). Once all rings have been attached, position the plastic end-cap in the bottom of the 8 way profile to protect flooring from any damage. This end cap is designed to fit loosely so that it can be easily removed for disassembly.

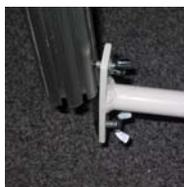
* Maximum Fitness Ball Size must not exceed 65cm.



Diag a.



Diag b.



Diag c.



Diag d.